

# Preferred Post

Bringing news and service details to you every quarter.



## Electrotherapy Can Help Alleviate Pain Without Narcotics



Developed as a treatment for pain, electrotherapy is used to help relieve and manage chronic pain associated with injuries, pain syndromes and phantom pains after amputations.

Small doses of electric current, delivered through electrodes placed on the skin, promote pain relief without the side effects of drugs or the invasiveness and high cost of surgery. Often, a patient starting electrotherapy will need to increase the intensity of the current until

finding a level that helps to alleviate their pain.

### Benefits of electrotherapy include:

- Non-invasive, immediate relief targeting the exact area of pain.
- Faster recovery of muscle and soft tissue damage.
- Reduced pain and swelling allowing for greater range of motion.
- Increased blood circulation.
- Better control of muscle spasms.
- Less cost than many drug therapies and surgeries that may also have unwanted side effects.

A TENS unit – Transcutaneous Electrical Nerve Stimulator – is one kind of electrotherapy device that is easy to use and small enough to be conveniently carried for use wherever the patient is.

If you need any guidance on which TENS unit is needed, our staff at Preferred Medical Network will help. We have dozens of brands of TENS units and other electrotherapy devices, which are available for rent or purchase. Plus, if rented, all fees apply toward the purchase of the unit provided directly

from Preferred Medical Network, which comes with carrying case, lead wires, rechargeable batteries, a charger, electrodes and instruction books. A doctor's prescription and certificate of medical necessity are required to buy an electrotherapy device in the United States.

### Preferred Medical Network Helps Keep Your TENS Therapy Costs Low:

- Supplies must be requested by the patient and will not be automatically shipped, avoiding a surplus of unneeded supplies.
- Units and supplies are shipped free of charge.
- A free month's supplies are sent with each TENS unit purchase.
- Free of charge, we will retrieve our TENS units and refurbish them in order to send to other injured workers.
- We retrofit, refurbish and bank units for insurance reduced rates.

As with all our services, Preferred Medical Network will not call injured workers to sell electrotherapy supplies. Instead we service those who call us.

## Did you know...

that more than half of all Americans suffer from chronic or regular pain? The Stanford School of Medicine in conjunction with ABC News and *USA Today* (May 2005), discovered this and other intriguing facts about pain sufferers in the United States:

- 40% indicated that their pain interfered with quality of life
- 25% of respondents cited back pain as their most recent difficulty
- 25% cited recent joint pain

Preferred Medical Network provides TENS units for pain relief on a rental basis. If the therapy is not effective for the patient, the rental unit can be returned, saving your company money. Contact us today to find out what other kinds of savings you can experience with our services.

